

SAVE THE BEES!!

STOP USING PESTICIDES!!

PLANT NATIVE SPECIES
PRIMARILY, ESPECIALLY IN
LANDSCAPING

IN 2025 BEEKEEPERS SAW AN
ALMOST 75% LOSS OF
COLONIES. WE MUST ALL HELP
HOW WE CAN

BEEKEEPING

ARE BEES RIGHT FOR YOU?

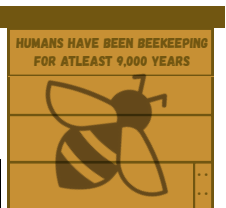
- BEEKEEPING IS A COMMITMENT TO RAISING AND PROTECTING LIVESTOCK
- YOU DON'T NEED A LOT OF LAND BUT YOU DO NEED A CALM ENVIRONMENT
- IT IS A MAJOR INVESTMENT OF MONEY AND TIME

TOOLS OF A BEEKEEPER

- BEE SUIT/JACKET
- HIVE SEPARATOR
- SMOKER & GLOVES
- BEE BRUSH
- QUEEN CLIP

BOOK RECOMMENDATION

THE BEEKEEPER'S BIBLE
RICHARD A. JONES & SHARON SWEENEY-LYNCH



TRADITIONAL USES



- ANTIMICROBIAL
- ANTI-INFLAMMATORY
- BURNS & WOUNDS
- ALLERGIES
- ANTIOXIDANT
- LOWERS LDL

HONEY CANNOT BE GIVEN
TO A CHILD UNDER 1 YEAR
OLD, BECAUSE THEIR
IMMUNE SYSTEMS CANNOT
HANDLE THE BOTULISM
SPORES FOUND IN HONEY

IF YOUR HONEY IS
NOT MARKED AS
"RAW", ASSUME IT
HAS BEEN
PASTEURIZED

USING HONEY

TOPICALLY:

- **BURNS & WOUND HEALING**
- THE ANTIBACTERIAL & ANTI-INFLAMMATORY PROPERTIES MAKE IT GREAT FOR WOUND CARE

INTERNALLY:

- **COUGH SUPPRESSANT**
- **STOMACH ULCERS** (WHEN TAKEN ON AN EMPTY STOMACH)
- **ENERGY BOOSTING**

OXYMEL
COMBINATION OF
HONEY & VINEGAR
TRADITIONALLY USED
FOR COLD AND FLU

ELECTUARY
POWDERED HERB
MIXED WITH HONEY
GOOD FOR CHILD
REMEDIES AND TO
PREPARE TONIC HERBS

TYPES

CLOVER HONEY
LIGHT AND MILD, ONE OF
THE MOST COMMON TYPES

MANUKA HONEY
HARVESTED IN NEW ZEALAND AND KNOWN
FOR ITS EXTRA ANTIBACTERIAL PROPERTIES

WILD FLOWER
VARIES IN TASTE AND COLOR DEPENDING
ON WILD FLOWER MIX IN AREA

PASTEURIZED
HEATED TO KILL
YEAST AND
STOP CRYSTALS
FORMING, MAY
REDUCE HEALTH
BENEFITS

FILTERED
POLLEN AND
PARTICLES
REMOVED FOR
CLARITY AND
SHELF STABILITY

RAW
CONTAINS POLLEN,
ENZYMES AND
TRACE NUTRIENTS,
MOST MEDICINAL

Honey



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• Naturally •

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WHO WE ARE: WE ARE A NON
PROFIT THAT BELIEVES THE
EDUCATION AND TRAINING OF
EDIBLE AND MEDICINAL PLANTS
IS HIGHLY VALUABLE
INFORMATION AND NEEDS TO
BE PRESERVED, ESPECIALLY IN
LOW INCOME COMMUNITIES

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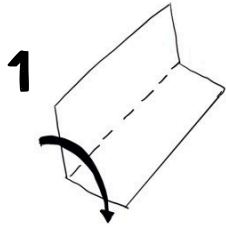
GIFT FROM NATURE

**NATURAL -
PRESERVATIVE**
HONEY NEVER SPOILS
DUE TO HIGH ACIDITY
& LOW MOISTURE

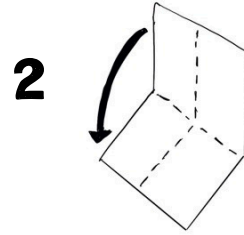
• HONEY CONTAINS
HYDROGEN PEROXIDE
IN TRACE AMOUNTS,
LEADING TO ITS
WOUND HEALING

HOW TO ASSEMBLE THE ZINE

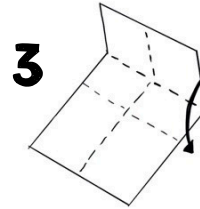
AFTER PRINTING YOUR one-page zine



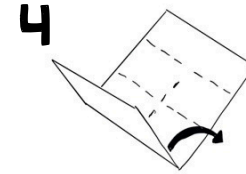
1 FOLD YOUR piece OF PAPER IN HALF ON THE LONGER side.



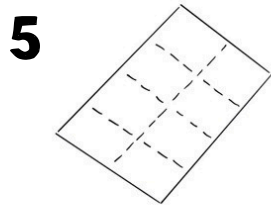
2 THEN FOLD THE piece OF PAPER ON THE SHORTER side.



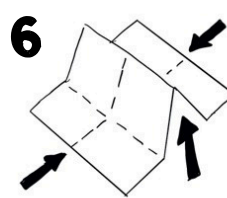
3 UNFOLD THE piece OF PAPER, THEN TAKE ONE OF THE SHORTER sides AND FOLD IT in TO meet THE middle crease.



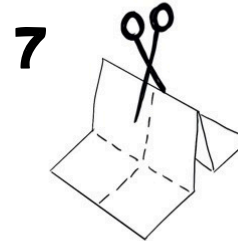
4 OPEN THE piece OF PAPER BACK OUT. REPEAT THE LAST FOLD again ON THE OTHER side.



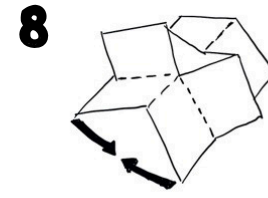
5 UNFOLD YOUR piece OF PAPER SO IT IS FLAT. YOU SHOULD BE ABLE TO see EIGHT BOXES. TURN THE PAPER OVER.



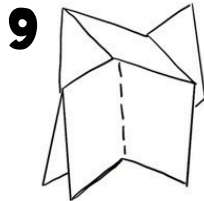
6 PUSH THE SHORTER ends OF THE piece PAPER TOWARDS each OTHER. THIS WILL LIFT THE central FOLD UPRIGHT.



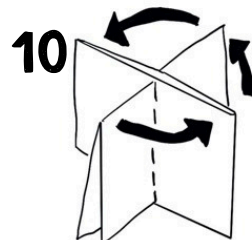
7 CUT ALONG THE side WHERE THE crease IS. BE SURE TO ONLY CUT HALF WAY DOWN THE piece OF PAPER.



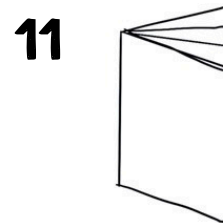
8 OPEN YOUR zine UP BY BRINGING THE CORNERS ON THE LONG sides TOGETHER.



9 THIS SHOULD create a BOOKLET SHAPE.



10 THEN FOLD each ONE OF THE PAGES DOWN TO create a FOLDED zine.



11 YOUR zine IS assembled!

*Enjoy
your zine!*